

# SWIMMING TIMETABLE

Monday 2nd September - Friday 20th December 2024

## Monday

6:00am - 9:00am Lane Swim

## Tuesday

6:00am - 9:30am Lane Swim

1:00pm - 2:00pm Lane Swim

6:00pm - 7:15pm Lane Swim

## Wednesday

6:00am - 9:00am Lane Swim

10:45am - 11:30am Aqua Aerobics 18+

6:00pm - 7:30pm Lane Swim

## Thursday

6:00am - 9:30am Lane Swim

6:00pm - 7:30pm Lane Swim

## Friday

6:00am - 9:00am Lane Swim

12:00am - 1:00pm Lane Swim

11:00 am - 11:45am Aqua Aerobics 18+

## Saturday

Coming Soon

## Sunday

9:00am - 11:00am Lane Swim 18+

11:00am - 12:00pm Fun Swim

Limited Space Available

## Notice

Additional swimming sessions will be available during half term.

New lunchtime lane swim on Tuesday & Friday